

HETI SENIOR EXECUTIVE FORUM REPORT

APRIL 2024



NSW Government initiative of \$60M over the next four years ensures Wellbeing Nurse support across 400 public schools.

WELLBEING NURSE LEARNING NAVIGATOR LAUNCHED

The Wellbeing and Health In-reach Nurse (WHIN) Coordinator program will continue to support school students and their families, thanks to the NSW Government investment of \$60 million over the next four years. Close to 100 Wellbeing Nurses working across 400 public schools spanning metropolitan, regional and rural areas, will now have access to targeted learning and professional development with the launch of the Wellbeing Nurse Learning Navigator available now in My Health Learning.

The navigator (course code: 517822172) offers individualised learning options with a collection of My Health Learning resources, HETI Higher Education post graduate units of study, access to HETI leadership and management programs and external resources tailored to building capacity of Wellbeing Nurses. The navigator offers flexibility and continuous accessibility to allow Wellbeing Nurses to self-direct their unique learning pathway.

Developed in partnership with Wellbeing Nurses, WHIN stakeholder groups and the Ministry of Health, the Wellbeing Nurse Learning Navigator supports learning using six practice capability domains. These include Clinical Practice, Nursing Leadership, Interagency Collaborative Partnerships, Professional Legal and Ethical Practice, Communication and Evidence, Safety and Quality Improvement.

The Wellbeing Nurse Learning Navigator reflects best practice information through continuous reviews and updates.

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STRENGTHENING GUARDIANSHIP KNOWLEDGE AND SKILLS OF RURAL STAFF

HETI, in partnership with the Ministry of Health, the Whole of Health Program offers a blended learning training package to facilitate the implementation of the *NSW Health Guardianship Application Process Guidelines*. The training offers NSW Health staff an opportunity to build capability and improve guardianship processes within services and facilities to minimise the impact on patients who are waiting for a guardianship hearing.

In February 2024, 30 healthcare professionals from Murrumbidgee LHD participated in a workshop that focused on guardianship applications and report writing to the NSW Civil and Administrative Tribunal (NCAT).

Training outcomes included:

1. Incorporation of the **Guidelines into practice**
2. Utilisation of a **multi-disciplinary team** approach
3. Focus on **evidence-based documentation** and report writing
4. Use of the **tools and templates available** such as the flowchart to support decision making
5. Completion of **capacity assessments** confidently within scope of practice.

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DIAGNOSTIC IMAGING MEDICAL PHYSICS REGISTRAR TRAINING PROGRAM

The HETI Diagnostic Imaging Medical Physics (DIMP) Training Program provides support for registrars and their supervisors enrolled in the Australasian College of Physical Scientists in Medicine's (ACPSEM's) DIMP Training, Education Assessment Program (TEAP) and for their supervisors.

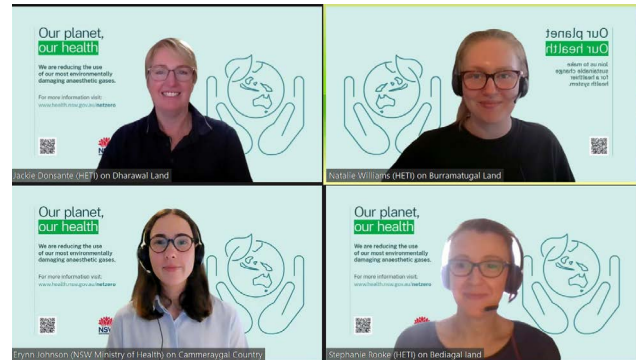
Significant achievements over the past two months have been:

- Delivery of a tutorial series on the design and operating principles of diagnostic ultrasound units and the design and operating principles of MRI scanners. Additional exercises/question sets were provided for completion on each topic area post tutorials. This was followed by individual 'question and answer sessions' to support generation of required evidence to achieve learning outcomes in the DIMP TEAP curriculum.
- Positive outcomes - two registrars who participated in mock DIMP TEAP oral exam preparation sessions have since sat and passed the oral TEAP exam, receiving very positive comments from their examiners.
- DIMP TEAP supervisor education and support – an initial session with interested supervisors to discuss and plan future training activities was held in February 2024. On completion, supervisors were asked to share suggestions for training needs in the short to medium term. Supervisors were also interested in gaining clarification around the longer-term future of the HETI DIMP TEAP training program.

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HEALTH EDUCATION AND TRAINING INSTITUTE – NSW HEALTH NET ZERO CONSULTATION TEAM

On 4 March 2024 Matthew Daly, Deputy Secretary, System Sustainability and Performance circulated a message to NSW Health staff outlining the comprehensive strategy for developing a vision for addressing climate change and achieving net zero emissions within NSW Health.



Top left to bottom right, Jackie Donsante - Project Lead for Net-Zero consultation (HETI), Natalie Williams - Project Administrator (HETI), Erynn Johnson - Senior Policy Officer (CR&NZU) and Stephanie Rooke - Project Coordinator (HETI).

In support of this work, the Health Education and Training Institute (HETI) in partnership with the Climate Risk & Net Zero (CRNZ) Unit have co-designed a statewide consultation approach to inform the draft NSW Health Net Zero Roadmap.

A newly created HETI-Net Zero consultation team have created a pool of facilitators, moderators and champions who are all graduates of the HETI Facilitation Development Program (FDP), and members of the FDP Community of Practice and NSW Health Sustainability Network. 51 volunteers from across NSW Health have joined the team. Executive support of volunteers for this work is acknowledged and appreciated.

HETI Net-Zero team volunteers have completed Train the Trainer programs and there have been 70 participants attend pilot consultation workshops in anticipation of the NSW Health Net Zero Roadmap launch on 20 March 2024.

The NSW Health Net Zero consultation workshops will be facilitated by skilled, passionate, and technically capable HETI and NSW staff. There are 40 x 90-minute virtual consultation sessions planned during April and May 2024.

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SIMULATION BUILDING TEAMS IN BOWRAL



Earlier this year in February, the Centre for Rural Simulation brought the Mobile Simulation Centre to Bowral (South West Sydney Local Health District). Throughout the week a comprehensive series of simulation-based educational sessions for the interprofessional nursing and medical workforce were provided. The primary focus was on enhancing knowledge and skills in acute paediatric care and managing the deteriorating child.

The education programs delivered by the Mobile Simulation Centre are custom designed in collaboration with each health service. These programs are intended to address the specific learning requirements of their teams while considering the distinctive operational settings of each service.

The opportunity for clinicians to engage in simulation provides a safe environment to practice, enhance skills, and improve decision-making. This fosters teamwork, communication, and familiarity with procedures, ultimately boosting both individual and team confidence and preparedness for real patient care scenarios.

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THE NEXT GENERATION OF LEADERS AND MANAGERS WITHIN NSW HEALTH PROGRAM

COHORT FIVE COMPLETION

The fifth cohort of **The Next Generation of Leaders and Managers within NSW Health Program** graduated from the two-year program on 14 November 2023. This event celebrated the successful achievement of participants completing the nationally endorsed *Diploma of Leadership and Management* qualification (BSB50420), alongside immersive developmental work placements and engaging in real-world, health challenge projects posed by the Central Coast Local Health District.

End of program evaluations completed by participants of cohort five described their personal and professional growth as leaders in NSW Health. Participants highlighted the program had increased their self-confidence, improved their communication and problem-solving skills, and supported self-reflection and emotional intelligence.

“I am more confident. I am able to self-reflect on my actions and stop and think more thoughtfully about them. My stress has also reduced”.

Participants final reflections of the two-year program included an appreciation of new learnings, the importance of engaging with others and the new found confidence to pursue future senior leadership roles within NSW Health.

“This program allowed me to feel valued, appreciated and learn to appreciate myself. What’s next is to diversify my experience in order to grow for myself, my team and my organisation”.

Cohorts six and seven are currently progressing through the second year of the program.

The call for nominations for Cohort eight will be issued prior to June 2024.

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IMPROVING ACCESS TO HEALTHCARE IN RURAL COMMUNITIES THROUGH NSW LIMITED LICENCE RADIOGRAPHY TRAINING

The NSW Limited Licence Radiography Course aims to improve access to diagnostic radiography examinations in smaller communities so that patients do not have to travel long distances to access uncomplicated diagnostic services. The training aims to establish a productive interprofessional relationship between limited licence operators and a local radiographer to support service delivery and enhance patient care.

Medical practitioners, registered nurses and physiotherapists are the target audience for this training. Participants who receive a 'Certificate of Completion' are eligible to apply for a licence to operate irradiating apparatus under the NSW Radiation Control Act 1990 and Radiation Regulation 2013.

HETI has been approved by the Environment Protection Agency (EPA) to manage the delivery of this training course and have trained one cohort of five participants with another cohort of four participants currently completing this course.

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JUMBUNNA 3 WEBINAR – BUBBA'S TUCKER IN THE FIRST 2000 DAYS

The Jumbunna sessions are a series of dedicated professional development webinars presented by the Training Support Unit (TSU) for multidisciplinary staff working in the Aboriginal Maternal Infant Health Service (AMIHS) and Building Strong Foundations (BSF) teams, and interested healthcare colleagues supporting and partnering with Aboriginal families. Following responses to evaluations from previous TSU events, the target topics of introducing solids, feeding toddlers and breastfeeding in emergency situations were combined to create the webinar "Bubba's Tucker in the First 2000 days" following responses to evaluations from past TSU events. Consultation with experts, including lactation consultants, early childhood nurses/practitioners, Aboriginal education officers and the Health and Social Policy Branch at the Ministry of Health informed

the Webinar focus on promoting optimal nutrition and health during bubba's developing years. With over 75 registrations for the 90-minute webinar, participant pre- and post-evaluations demonstrated positive results in improving participant's knowledge, confidence, and reported 'excellence' in relevance to practice.

The webinar was recorded live on 29 February 2024 and will be uploaded to the [TSU webpage](#) for viewing.

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VIRTUAL CONNECTIONS FORUM – 1 MAY 2024



Registrations are open for the Connections Forum, "Community Development: Strength in empowering mob to grow and thrive" a virtual event dedicated to supporting Aboriginal Maternal, Infant, Child and Family Health Services. The Connections Forum will showcase a range of inspiring presentations focused on community development in partnership with Aboriginal communities.

Community development is a holistic approach grounded in principles of empowerment, human rights, inclusion, social justice, self-determination and collective action (Kenny & Connors, 2017). It is often an alliance between a community and advocates such as community health professionals, promoters, and organisations (Ottawa Charter 1986). Community development considers community members to be experts in their lives and communities, and values community knowledge and wisdom. Members can build on their skills and knowledge to create stronger and more connected communities.

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STRENGTHENING FOUNDATIONS WORKSHOP

The Strengthening Foundations workshop supports the orientation of new staff commencing in the Aboriginal Maternal Infant Health Service (AMIHS) and Building Strong Foundations (BSF) teams and is facilitated by the Health Education and Training Institute's Training Support Unit (TSU).

The purpose of the workshop is to assist in developing a broader understanding of Aboriginal social and emotional health and wellbeing along with the principles of primary health care, strengths-based practice, care models, professional wellbeing and teamwork. The Strengthening Foundations workshop is part of the professional development program for onboarding the multidisciplinary workforce working with Aboriginal mothers, families and communities in AMIHS and BSF services.

The most recent workshop was held on Tuesday 20 and Wednesday 21 February 2024 and was co-facilitated by the TSU and Aboriginal health educators Charli Thomas and Shazza Taylor. There were 19 staff members from AMHS and BSF teams in attendance from across NSW Health. Evaluations were positive with participants (100%) agreeing or strongly agreeing the workshop was relevant, demonstrated cultural safety and inclusive practises, and increased their understanding of the AMIHS and BSF model of care.

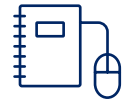
Examples of feedback responses from participants:

Wonderful workshop – so happy I came and was able to ask all of my questions. Masterclass. Thank you!!!

Thank you for letting me be a part of this session. You both did a fantastic job and should be proud. Health needs more of this kind of learning. Hope to see you again.

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MY HEALTH LEARNING



NEW AND REVISED RESOURCES:

TITLE	COURSE CODE
Promoting Attendance and Managing Leave (refresh)	86214441
Falls: Post Falls Management for Clinical Staff (refresh)	40101665
Mental Health Basics (refresh)	39962630
Person Centred Care (refresh)	43392513
Managing the risk of alcohol withdrawal (refresh)	97900397
Mandatory Training Challenge Test (refresh)	134540431
NSW Health Workers Understanding Domestic and Family Violence (refresh)	316924626

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myhealthlearning.health.nsw.gov.au

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FOR EDUCATION AND TRAINING IN
NSW HEALTH