

# Zero Suicides in Care Workshop



The Zero Suicides in Care workshop enables skills development and application of knowledge to practice. It aligns with the Zero Suicide Framework and components of NSW Health suicide care pathways: engage and identify, assessment, formulation, brief interventions, treatment and transitions of care.

## Who is this for

It has been designed for mental health clinicians.

## Recommended pre-learning

This workshop will extend knowledge from My Health Learning eModules:

- Using a Zero Suicide Approach (Course code 507419227)
- Assessment and formulation with a person who may be suicidal (Course code 512817714)
- Safety planning and counselling to reduce access to means (Course code 520599080)

## Learning Pathway

The learning pathways below are identical in content. Choose from either a full day workshop or six one hour workshops.

- Zero Suicides in Care - full day workshop pathway (Course code 536018099) consists of three eModules and a six hour workshop.
- Zero Suicides in Care - 1 hour workshops pathway (Course code 535906865) consists of three eModules and six 1-hour workshops.

- Module 1: Using a Zero Suicide Approach
- Module 2: Engage and identify a person who may be suicidal
- Module 3: Comprehensive assessment with a person experiencing suicidal distress
- Module 4: Suicide prevention formulation
- Module 5: Safety planning and counselling to reduce access to means
- Module 6: Comprehensive care planning and transitions of care

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See the [Zero Suicides in Care Training website](#) for more information on training options available to NSW Health staff.

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[myhealthlearning.citc.health.nsw.gov.au](https://myhealthlearning.citc.health.nsw.gov.au)