

JUMBUNNA SESSIONS

Supporting Aboriginal Maternal,
Child and Family Health

It takes a community to Breastfeed: Promotion, Protection and Support

When:

Tuesday 6 August
1:00pm – 2:30pm (AEST)

Where:

Online webinar

To Register:

Click or scan QR code to
register



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Overview

The Jumbunna sessions are a series of dedicated professional development webinars presented by the Training Support unit (TSU) for multidisciplinary staff working in the Aboriginal Maternal Infant Health Service (AMIHS) and Building Strong Foundations (BSF) teams, and interested healthcare colleagues supporting and partnering with Aboriginal families.

Presentation Details

World Breastfeeding Week is an annual global campaign to raise awareness and galvanise action on issues related to breastfeeding. In line with this year's World Breastfeeding Week theme "Closing the gap: Breastfeeding support for all", this Jumbunna webinar will discuss the importance of antenatal breastfeeding education and providing support during the critical first week of parenthood.

A panel of breastfeeding knowledge custodians will be available to answer any breastfeeding questions you may have.

Learning Outcomes

- Identify the importance of World Alliance for Breastfeeding Action (WABA) and the relevance of this network when discussing breastfeeding with AMIHS and BSF families.
- Communicate advice with AMIHS and BSF families that positively impacts breastfeeding outcomes.
- Demonstrate an awareness of some of the practical and emotional obstacles that present to breastfeeding mothers.

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Speaker



Linda Deys - Clinical Midwife Consultant, ISLHD

Linda is a nurse-midwife with 35 years' experience in caring for women, babies and families and is an International Board-Certified Lactation Consultant (IBCLC) of 20 years. She currently works for the Illawarra Shoalhaven Local Health District (ISLHD) in a Clinical Midwife Consultant position for lactation support.

Linda values the role of individualised care for families and the importance of evidence-informed choice around infant and young child feeding. As Chair of the ISLHD Breastfeeding Reference Group she has overseen the development of a pathway for Infant Feeding in Emergencies, including appropriate breastfeeding support, safe infant formula preparation, and follow-on foods.

Her experience includes the education of both staff and families on infant feeding, supporting families through the Shoalhaven Aboriginal Maternal Infant and Child Health Service, and working with policies including Breastfeeding in NSW: Promotion, Protection, and Support and the First 2000 Days Framework.