



### NSW RURAL GENERALIST MEDICAL TRAINING PROGRAM (RGTP) – RGEN24: YOUR CAREER YOUR CANVAS, EMBRACE THE POSSIBILITIES

The second Rural Generalist Engagement and Networking (RGEN24) Conference was held on Friday 24 – Saturday 25 May 2024 in Orange NSW with the overarching theme 'Your Career Your Canvas'.

Over 90 attendees, including RGTP trainees, medical students, NSW Rural Doctors Network (RDN) cadets and rural health experts, valued the opportunity to connect with Rural Generalist (RG) colleagues, facilitating discussions on career pathways, training options and experiences at different stages of their careers. Highlights from the conference included a variety of inspirational speakers, extensive networking opportunities and practical workshops, showcasing motivating career journeys from both experienced RGs and current trainee RGs across NSW.

Feedback demonstrated participants appreciated the diverse keynote presentations and the streamed workshops were valuable in encouraging participants to reflect on their career planning, professional growth opportunities and next steps towards Rural Generalism.

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### NAMBI MANAGER'S FORUM

The HETI Training and Support Unit (TSU) has commenced a collaboration with the Congress Aboriginal Torres Strait Islander Nursing and Midwives (CATSINaM) offering 17 fully funded enrolments to participate in the **Murra Mullangari Program.** This program was open to Managers and Coordinators of Aboriginal Maternal Infant Health Services (AMIHS) and Building Strong Foundations (Aboriginal child and family) Health Services across NSW.

Participants undertake eight hours of self-based eLearning to be completed over eight weeks. This self-paced approach offers flexibility to undertake the modules at times that can fit around work commitments. The training attracts eight CPD hours on completion. To provide additional support and networking opportunities two virtual TEAMS meetings are provided at the start and halfway point, culminating with a 90-minute virtual TEAMS workshop scoping on transferring skills and knowledge into practice.

Murra Mullangari Program participants learn about Cultural Safety and Humility from a lens of culture as 'power' rather than culture as identity or ethnicity. This one aspect of life-long learning when understanding the historical and political context for Aboriginal People working in and accessing care in NSW Health.

For more information on Murra Mullangari Program can be found here.

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### STRENGTHENING FOUNDATIONS WORKSHOP HELD IN BROKEN HILL

The Training Support Unit (TSU) provided outreach support to the Aboriginal Maternal Infant Health Service (AMIHS) staff located at Maari Ma Health Aboriginal Corporation in the Far West Local Health District (FWLHD). This LHD borders three states and covers 194,949 square kilometres in remote NSW.

Maari Ma Health is an Aboriginal Community Controlled Health Organisation (ACCHO) that works closely with NSW Health and other agencies to provide access to a broad range of services while representing seven communities located on the lands of the Barkandji, Muthi Muthi, Wilyakali, Ngiyampaa, Wadigail, Malyangaba and Wandkumara peoples.

The Strengthening Foundations Workshop was delivered on 23 May 2024. The workshop is part of an Orientation Program to support new staff employed in Aboriginal Maternal Infant Health Services (AMIHS) and the Building Strong Foundations (BSF) Service. The training provides staff with knowledge and skills to deliver sustainable, culturally appropriate maternity and child health care for Aboriginal families and communities across NSW.

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## ALLIED HEALTH PROFESSIONAL EDUCATORS FORUM (AHPEN)

The AHPEN forum was held on 7 June 2024. The forums occur twice a year and are a key professional development and networking event for allied health educators. At this hybrid event, participants learned about creative practices and how to apply trauma informed care principles into clinical supervision. Knowledge, experiences, and ideas shared at the forum enhanced practices and connected educators from across NSW Health.

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### NSW RURAL GENERALIST MEDICAL TRAINING PROGRAM – 2025 ADVANCED SKILLS TRAINING RECRUITMENT, 16 JULY – 6 AUGUST 2024

The NSW Rural Generalist Medical Training Program (RGTP) provides a supported training pathway for junior doctors wishing to pursue a career as a rural general practitioner to provide primary care within a community general practice setting as well as advanced services/ and or procedural skills within a rural hospital.

Recruitment for 2025 Advanced Skills Training (AST) posts opens 16 July 2024 through the annual Junior Medical Officer Recruitment campaign (JMO AMR). Available AST specialty pathways include Anaesthetics, Emergency Medicine, Mental Health, Obstetrics, Paediatrics and Palliative Care. Applications close 6 August 2024.

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### GENOMICS: A BEGINNERS GUIDE FOR HEALTHCARE PROFESSIONALS

Genomic testing is rapidly becoming a standard part of healthcare, offering new insights into the diagnosis, treatment and prevention of various conditions. This module provides learners with a foundational understanding of basic genomics concepts including

- Inheritance patterns
- DNA, genes and chromosomes
- · Somatic and germline genomic variants
- · Interpreting genomic variants

This knowledge is essential for clinicians to integrate genomic information into their clinical practice.

MHL Course code: 530551269

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# DIAGNOSTIC IMAGING MEDICAL PHYSICS REGISTRAR TRAINING PROGRAM

The HETI Diagnostic Imaging Medical Physics (DIMP) Training Program provides support for registrars enrolled in the Australasian College of Physical Scientists in Medicine's (ACPSEM's) DIMP Training, Education and Assessment Program (TEAP) and for their supervisors.

Significant achievements over the past three months have been:

- Delivery of a series of webinars on the design and verification of radiation shielding, delivered in conjunction with the ACPSEM. NSW Health registrars have received additional tutorial sessions to build on the webinar material. This series was supplemented for NSW Health registrars with tutorial sessions provided by the HETI DIMP TEAP training program.
- Continuing mock oral examination sessions that provide personalised suggestions for improvement for DIMP TEAP registrars in their third year of training to assist with preparation for their oral exam. Two have been performed since March 2024 with both registrars successfully passing their final oral examination.
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### HOW 'NEGATIVE CAPABILITY' SUPPORTS COPING WITH CHANGE - LEADERSHIP QUARTER EVENT, 30 MAY 2024

Almost 400 leaders across NSW Health joined guest speaker, Diana Renner to listen, talk and connect around the idea of change and uncertainty. Diana told her personal story of having to deal with uncertainty when fleeing Romania as a political refugee at the age of 16. The leadership author explored the group's own responses to uncertainty, whether participants' default reactions to change resembles a 'victim', 'critic' or learner', encouraging the group not to jump in with quick fixes, but rather take a step back and spend time reflecting.

Ms Renner then challenged participants to develop 'Negative Capability' – the ability to stand at the edge of something new or unknown without being overwhelmed and invited the room to leverage the collective support of their colleagues whilst navigating changes and challenges.

The link to the full recording can be found <u>here</u>, whilst the slides can be found here.

Places are still available for the next Leadership Quarter Event on 24 July from 10:00-12:00 on 'Agency – Encouraging Freedom to Act whilst maintaining good governance' with Deputy Secretary, Customer Service, Mandy Young and Wellbeing Leadership Author, Fleur Heazlewood; register through My Health Learning here.

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### GENOMICS IN FOCUS: NEPHROLOGY WEBINAR



The Centre for Genetics Education, HETI will be delivering the 'Genomics in Focus: Nephrology' webinar on Thursday 27 June 2024. This is a new initiative that aligns with the NSW Genomics Strategy to support upskilling of the NSW Health workforce in genomics healthcare delivery. This webinar is aimed at nephrologists and professionals who work with people with kidney disease.

In this webinar, nephrologist Dr Hugh McCarthy will share practical guidance around ordering genetic tests, identifying patients who may benefit from testing, consent and other considerations.

Dr Hugh McCarthy is a paediatric nephrologist at the Sydney Children's Hospital Network and clinical academic and senior lecturer within the clinical school at the Children's Hospital Westmead, University of Sydney. Hugh established the NSW/ACT paediatric renal genetic clinical service, is a founder member of KidGen and is collaborating on the launch of the Australian Registry of Rare and Genetic Kidney Disease.

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## MY HEALTH LEARNING

### **NEW AND REVISED RESOURCES:**

TITLE	COURSE CODE
Wound Closure	523547028
Recognising Domestic and Family Violence (Refresh)	67029508
Inserting an Indwelling Urinary Catheter (IDC) (Refresh)	95808867
Supporting Aboriginal Families After Childbirth	522930064
RNPIP - Paediatric Systematic A-G Assessment (Refresh)	431806879
Contrast Media: Screening Process (Refresh)	167673978
AFM Online - Recall Management	518862535
AFM Online - Execute work tasks	511738118
AFM Online - Plan & Assign Work	511738123
AFM Online - Reporting on Executed Work Tasks	381358847
AFM Online - Schedule Maintenance & Testing Activities	511738213
Motivating and Engaging Learners (Refresh)	114436532
Perineal Repair (Refresh)	126102169
Basic food safety for non-Food Service staff	531095638
Genomics: A beginner's guide for healthcare professionals	530551269
Core Concepts in Intellectual Disability Mental Health I: Human Rights	531334814
Core Concepts in Intellectual Disability Mental Health II: Intellectual Disability Mental Health Awareness	531337004
Core Concepts in Intellectual Disability Mental Health III: Diverse Needs	531337558
Core Concepts in Intellectual Disability Mental Health IV: Communication	531338812
Trauma Management: Head Injuries (Rebuild)	419688485
Trauma Management: Physiological and Clinical Alterations (Rebuild)	419718350
Trauma Management: Maxillofacial Injuries	524826990
Trauma Management: Chest Trauma	524826490
Trauma Management: Abdominal Trauma	524826371
Trauma Management: Musculoskeletal Trauma	524827327
Trauma Management: Spinal Trauma	524827393

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