Competency Self-Checklist

NB. This competency self-checklist should be adapted to reflect local policies and practices relevant to physiotherapists performing manual techniques and suctioning.

Name: Date:

Facility:

	Competency behaviour/skills	Achieved	Needs further development
1.	Retrieves and effectively interprets relevant information *eg. from medical notes, observation charts, and PowerChart (including CXR)*	☐	☐
2.	Reviews and interprets objective information specific to the patient. *eg. ventilation mode/settings, attachments, patient's work of breathing.*	☐	☐
3.	Effectively auscultates chest.	☐	☐
4.	Analyses/interprets assessment finding and identifies precautions/contraindications to physiotherapy intervention.	☐	☐
5.	Selects appropriate physiotherapy treatment option based on information available.	☐	☐
6.	Prepares the environment safely and appropriately including adhering to infection control procedures and organisation of required equipment. *eg. basic hand hygiene, application of PPE, correct disposal of PPE*	☐	☐
7.	Positions patient safely and effectively throughout assessment and interventions (including at completion of treatment), ensuring acknowledgement of indications and precautions relevant to the patient.	☐	☐
8.	Performs safe and effective treatment appropriate to the patient's condition and age. *eg. manual techniques*	☐	☐
9.	Performs effective suction technique in accordance with LHD/Network policy.	☐	☐
10.	Re-assesses patient (sees 4. and 5. above) during and after treatment and able to adapt treatment if the need arises.	☐	☐
11.	Demonstrates the ability to communicate effectively with staff/patients/families and to work collaboratively within a team.	☐	☐